

Fruit of the Spirit

Galatians 5:22-25

Week 6 Review – Faith

WEEK 7 - Meekness

Facilitator: Sis. Jacinta Mathis

But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance: against such there is no law. And they that are Christ's have crucified the flesh with the affections and lusts. If we live in the Spirit, let us also walk in the Spirit.

(Gal. 5:22-25 KJV)



Webster's Definition

Meek: having or showing a quiet, gentle nature; not wanting to fight or argue with other people.

Meekness: fact or condition of being meek, submissive.

But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance; against such there is not law. Galatians 5: 22 and 23 (KJV)

We are called in Galatians 5:16 to walk in the Spirit, not in the flesh.

In Scripture, meekness takes the position that we accept God's dealings with us as good, without disputing or resisting.

Meekness is closely linked to humility.

With all lowliness and meekness, with longsuffering, forbearing one another in love; Endeavoring to keep the unity of the Spirit in the bond of peace. Ephesians 4:2&3(KJV)

Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering; Colossians 3:12(KJV)

But I will leave within you the meek and humble. The remnant of Israel will trust in the name of the Lord. Zephaniah 3:12 (NIV)

It is only the humble heart which is also meek, and which does not fight against God, or contend with God.

Meekness is associated with self-control.

There are 3 Hebrew (Old Testament) words and 4 Greek (New Testament) words associated with meek.

English equivalents to the 4 Greek words include: humble, poor, lowly, gentleness

Meekness denotes a **gentle** and **mild** manner. Jesus Christ uses it to describe His own disposition.

Take my yoke upon you, and learn of me; for I am meek and lowly in heart; and ye shall find rest unto your souls. Matthew 11:29(KJV)

Jesus Christ also gives meekness as the third of His **Beatitudes**.

Blessed are the meek for they shall inherit the earth. Matthew 5:5(KJV)

Jesus Christ, as King and Messiah is referred to as meek.

Tell ye the daughter of Zion, Behold, thy King cometh unto thee, meek and sitting upon as ass, and a colt the foal of an ass. Matthew 21:5(KJV)

Meekness is an adornment of the **Christian**.

But let it be the hidden man of the heart, in that which is not corruptible, even the ornament of a meek and quiet spirit, which is in the sight of God of great price.

1 Peter 3:4(KJV)

Meekness is not **weakness**.

The common assumption is that when someone is meek because they cannot help themselves but Jesus Christ was meek and He had the infinite resources of God at His command.

Meekness is the opposite of self-assertiveness and self-interest.

Meekness is neither elevating nor cast down because meekness is not occupied with self at all.

Paul focused on the meekness of Jesus Christ to appeal to **believers**.

Now I Paul myself beseech you by the meekness and gentleness of Christ, who in the presence am based among you, but being absent am bold toward you:

2 Corinthians 10:1(KJV)

Christians are charged to show all meekness toward all **men**.

To speak evil of no man, to be no brawlers, but gentle, showing all meekness unto all men. Titus 3:2(KJV)

Meekness is a **characteristic** of God's elect.

Put therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering; forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also do ye. Colossians 3:12(KJV)

The man of God is urged to follow meekness.

But thou, O man of God, flee these things; and follow after righteousness, godliness, faith, love, patience, meekness. 1 Timothy 6:11(KJV)

In **correction** we should come in meekness.

What will ye? Shall I come unto you with the rod, or in love, and in the spirit of meekness?

1 Corinthians 4:21(KJV)

Brethren, if a man be overtaken in a fault, ye which are spiritual, restore such an one in the spirit of meekness; considering thyself, lest thou also be tempted.

Galatians 6:1(KJV)

In meekness instructing those that oppose themselves; if God peradventure will give them repentance to the acknowledging of the truth; 2 Timothy 2:25(KJV)

James exhorts us to receive the Word of God in meekness.

Wherefore lay apart all filthiness and superfluity of naughtiness, and receive with meekness the engrafted word, which is able to save your souls. James 1:21(KJV)

Meekness is the grounds for our Christian hope.

But sanctify the Lord God in your hearts: and be ready always to give an answer to every man that asketh you a reason of the hope that is in you with meekness and fear;

I Peter 3:15(KJV)

Meekness is not weakness. Meekness is strength under control. Submitting to God and demonstrating goodness, kindness and the love of God.

Beatitudes	Gentle Nature	People	Weakness
Believers	Humble	Quiet	
Christian	Humility	Resisting	
Disputing	Jesus Christ	Self-Control	
Gentle	Mild	Submissive	